

## Mentor Biography

As a Roots of Empathy Mentor, you will be creating a Mentor Biography which you will distribute to your Instructors, along with a welcome letter, as a way of introducing yourself.

Please email your draft biography and a picture to <u>mentorsupport@rootsofempathy.org</u> for review and formatting, prior to distribution. Thank you.



Name Address

Phone #1 Phone #2 (if applicable)

e-mail

## Sample 1:

(Name) is a dedicated professional and volunteer with a background in the field of Mental Health and programs dedicated to children and youth. She lives in Fort Saskatchewan, Alberta. (Name) has a deep and rich background with the Roots of Empathy organization, first as an Instructor in Alberta and more recently as a Mentor.

## Sample 2:

(Name) is an educator, dedicated professional and advisor in the field of education. She lives in Brampton, Ontario, Canada. (Name) has a deep and rich background with the Roots of Empathy organization, first as an Instructor, then as a Mentor in Ontario, and most recently as an International Mentor for the Republic of Ireland.