

Mid-Year Reflection for New Instructors

This checklist is designed to help you reflect on the progress of your program at the mid-year point. As you review the checklist below, please consider any questions or comments you wish to discuss with your Mentor.

- ✓ What are your thoughts regarding the delivery of your Roots of Empathy program(s)?
- ✓ Are there any areas of the program that you find challenging (e.g. curriculum, teacher involvement, classroom management, the Roots of Empathy inclusive learning environment, engaging students)?
- ✓ What solutions have you tried to overcome these challenges? Were they successful?
- ✓ Were any aspects of delivering the Roots of Empathy program unexpected or surprising?
- ✓ Have you observed an increase/change in student involvement and participation since the beginning of your program?
- ✓ Have you invited the principal to observe a Family Visit?
- ✓ Are you comfortable with the relationship with your Roots of Empathy Family?

| Is your teacher: | Yes | No |
|---|-----|----|
| Participating and contributing to classroom discussions? | | |
| Allowing time for completion of Roots of Empathy art/writing activities? | | |
| Taking photos during Family Visits? | | |
| Extending the Roots of Empathy program through classroom teacher extensions between visits? | | |

Note: Are you aware of the details regarding the Mid-Year Training?

