

Theme One Reflection for New Instructors

This checklist is designed to help you reflect on the progress of your program following the completion of Theme One. As you review the checklist below, please consider any questions or comments you wish to discuss with your Mentor. The Roots of Empathy Mentor provides a wealth of experience, knowledge and information about every facet of the Roots of Empathy program and plays an integral role in supporting and guiding you through your first year. Open communication between you and your mentor is a key component to your success and growth as an Instructor.

- ✓ How comfortable were you teaching your first Roots of Empathy theme: Meeting the Baby?
- ✓ Are you able to make the connection between the aims of each lesson and the activities in the curriculum?
- ✓ Are the connections between the Pre, Family and Post visits clear within this theme:
 - Pre Visit - infant development, communication, students' preparation for the Family Visit
 - Family Visit - observations of development, labeling the baby's feelings
 - Post Visit - reflection, perspective taking, emotional literacy
- ✓ Are you comfortable using the Roots of Empathy materials (i.e. books, Roots of Empathy Family Visit kit)?
- ✓ Do you have any questions about the curriculum (activities, aims of the lessons, literature, etc.)?
- ✓ Are there any areas of the program that you find challenging (e.g. curriculum, teacher involvement, classroom management, the Roots of Empathy inclusive learning environment, engaging students)?
- ✓ What solutions have you tried to overcome these challenges?
- ✓ How comfortable was your Roots of Empathy family following their first classroom visit?

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The Classroom Teacher:

The power of the Roots of Empathy program is strengthened by the classroom teacher's participation and commitment. Please consider your classroom teacher's involvement in your Roots of Empathy program.

Is your teacher:	Yes	No
Available to meet with you to discuss the theme, materials, books, activities and review the aims of each visit?		
Providing space for a bulletin board in the classroom or hallway and helping to maintain it?		
Offering feedback following Roots of Empathy lessons?		
Assisting with classroom management?		
Participating during class visits by recording on the flip chart?		
Sitting around the blanket with the students?		

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Classroom Visit:

The classroom visit is a necessary element for new Instructors to move forward with confidence and support. In order to assist you with your classroom instruction, your Mentor will be visiting one of your Family Visit lessons. In preparation please consider the following:

- ✓ Have you provided your Mentor with a preferred date and time for them to observe a Family Visit?
**If you would prefer your classroom visit to be scheduled during a pre or post lesson please discuss this with your Mentor.*
- ✓ Your Mentor will provide you with the *Self-Reflection Questionnaire* in preparation for the Mentor visit; this will help you identify goals for your growth as an Instructor.

The Classroom Information Form:

The Classroom Information Form is critical to Roots of Empathy as it provides national yearly statistics [i.e. number of programs, grades involved, number of children (male/female)] for which Roots of Empathy is accountable to provide to funders and stakeholders.

	Yes	No
Have you completed and submitted your Classroom Information Form(s) ?		

Reminder: Please collect signed *Photo/Video and Artwork/Writing Release Form* from the classroom teacher.