

Caring for Roots of Empathy Materials and Classroom Materials List

Dear Instructor,

We are happy to welcome you into our Roots of Empathy family!

In order to support you in your role as a Roots of Empathy Instructor, we are providing you with the following learning materials. These materials belong to Roots of Empathy and are on loan to you while you are an Instructor. They are to be returned to your local coordinator (KPP) should you stop delivering the Roots of Empathy program/programme. Please take good care of these materials and let us know if any of the materials are missing or damaged and we will replace them for you. Thank you for respecting the integrity of all of the materials, which will be used with children every year.

Roots of Empathy Curriculum – This consists of the Roots of Empathy Knowledge Base and Philosophy, as well as the Curriculum, consisting of lesson plans for 9 Themes, at the appropriate level of Instruction: (Kindergarten, Primary, Junior and Senior).

The Roots of Empathy curriculum is copyright protected and is not to be copied, shared or altered. You will also receive a copy of Mary Gordon's book, *Roots of Empathy: Changing the World Child by Child*. This is for you to keep. It will be a wonderful resource for you to use throughout your Roots of Empathy work and in your life.

Complete Book Set – Roots of Empathy incorporates children's literature in its curriculum, used in the pre and post visit lessons. You will receive the set of books for the curriculum level you will be delivering. We have provided you with a durable Roots of Empathy canvas tote bag, which will help you to keep all of the books together.

Family Visit Kit – You will be provided with a Roots of Empathy nylon carry bag for your Family Visit Kit and the other learning materials. This includes a Roots of Empathy doll and a set of infant toys which are especially chosen to demonstrate the attachment relationship the Baby has with their parent, and the attunement of the parent of the Baby. The toys also highlight how the Baby learns/neuroscience, the Baby's temperament and milestones (physical, social, emotional and cognitive). The Family Visit Kit also includes the Roots of Empathy "Green Blanket" and an Instructor Name Tag.

Start Up Materials – At the beginning of each new school year, you will also receive the following materials, which you will distribute during the Meet the Teacher and Meet the Family visits:

- Information Booklet for Schools (the most recent version, physical and digital copies)
- Information Booklet for Parents (the most recent version, physical and digital copies)
- Never Shake a Baby, Back to Sleep (SIDS), Fetal Alcohol Syndrome Disorder (FASD) and Second Hand Smoke Safety Message Brochures (for Jr. & Sr. grade levels only) and a brochure about Post-Partum Depression to be shared with your volunteer family.

There are classroom activities that you will find in your curriculum lessons that may need further supplies. We have provided a list of these materials for your convenience. You will only need the materials listed under the grade that you will be teaching. Please be sure to secure these materials at the beginning of the year in order to avoid last minute anxiety before a lesson. There are a few items that you may need to get from your KPP but many can be easily obtained from the school where you are teaching, or from a dollar store. Please speak to your KPP in advance to see if there is a budget to cover the cost of these incidentals.



Caring for Roots of Empathy Materials and Classroom Materials List

The Roots of Empathy Curriculum is the property of Roots of Empathy, and are on loan to you, as the Roots of Empathy Instructor. When you decide to no longer deliver the Roots of Empathy program, the curriculum along with the Roots of Empathy learning materials (i.e. Roots of Empathy green blanket, books, doll, infant roll and toys) are to be returned to the Key Point Person (KPP).

Respect is a cornerstone in the Roots of Empathy program. Thank you for affording the respect to the learning materials to ensure that they will have a long life, and with your guidance will help to inform the minds and hearts of hundreds of children.

Thank you for helping to change the world, child by child.

Roots of Empathy International Office

Caring for Roots of Empathy Materials and Classroom Materials List

The following is a list of materials that you may need in your Roots of Empathy classroom lessons. Please check the list of materials for your grade level and make sure you arrange with the school, the teacher or your local convenience/dollar store to have them for the lesson well in advance. If there are materials on the list, that you are not able to obtain, please speak to your KPP for assistance. A more detailed explanation of these materials can be found in your curriculum.

Kindergarten

- Unit blocks for measuring the Baby (*Themes 1,9*)
- Roots of Empathy instructor's transitional object (i.e. blanket, stuffed animal) (*Theme 5*)
- Audio playing device (e.g., tablet, phone etc.) - optional (*Theme 6*)
- Mirror (*Theme 8*)
- Baby seat for feeding- optional (*Theme 8*)
- Non-toxic washable ink pad (*Theme 9*)

Primary (Grades 1-3)

- Measuring tape (*Themes 1, 5 and 9*)
- Scale (*Themes 1, 5, and 9*)
- Roots of Empathy instructor's transitional object (i.e. blanket, stuffed animal) (*Theme 5*)
- Yellow, green and blue markers, or bingo dabbers (*Theme 4*)
- Bristol board (*Theme 5*)
- Audio playing device (e.g., tablet, phone etc.) (*Theme 6*)
- Mirror (*Theme 8*)
- Baby seat for feeding- optional (*Theme 8*)
- Non-toxic washable ink pad (*Theme 9*)

Junior (Grades 4-6)

- Measuring tape (*Themes 1, 5 and 9*)
- Scale (*Themes 1, 5 and 9*)
- Audio recording device (eg. tablet, phone, etc.) (*Theme 1*)
- "Never Shake a Baby" Safety Message Brochures (*Theme 2, Pre-Family Visit*)
- Media playback device (eg. tablet, phone, computer etc.) (*Theme 2*)
- Clear glass jar and raw egg (*Theme 2*)
- Ten envelopes (*Theme 2*)
- Roots of Empathy instructor's transitional object (i.e. blanket, stuffed animal) (*Theme 5*)
- Back to Sleep (SIDS) Safety Message Brochures (*Theme 5, Pre-Family Visit*)
- Bristol board (*Themes 5 and 6*)
- Fetal Alcohol Syndrome Disorder (FASD) and Second Hand Smoke Safety Message Brochures (*Theme 6, Pre-Family Visit*)
- Audio playing device (e.g., tablet, phone etc.) (*Theme 6*)
- Baby seat for feeding- optional (*Theme 8*)

Caring for Roots of Empathy Materials and Classroom Materials List

Senior (Grades 7-8)

- Medium sized Ziploc freezer bags (*Theme 1*)
- Measuring Tape (*Themes 1, 5 and 9*)
- Scale (*Themes 1, 5 and 9*)
- “Never Shake a Baby” Safety Message Brochures (*Theme 2, Pre-Family Visit*)
- Media playback device (eg. tablet, phone, computer etc.) (*Theme 2*)
- Clear glass jar and raw egg (*Theme 2*)
- 5 copies each of two different print ads for a brand of diapers (*Theme 3*)
- Roots of Empathy instructor’s transitional object (i.e. blanket, stuffed animal) (*Theme 5*)
- Back to Sleep (SIDS) Safety Message Brochures (*Theme 5, Pre-Family Visit*)
- Bristol board (*Theme 5*)
- Fetal Alcohol Syndrome Disorder (FASD) and Second Hand Smoke Safety Message Brochures (*Theme 6, Pre-Family Visit*)
- Audio playing device (e.g., tablet, phone etc.) (*Theme 6*)
- Baby seat for feeding- optional (*Theme 8*)

Common Materials

These supplies are used at every level for many classroom visits throughout the year:

- | | |
|----------------------|---|
| • flipchart paper | • glue |
| • art paper | • scissors |
| • construction paper | • string or ribbon or metal rings (for binding books) |
| • coloured markers | • camera for Family Visits |
| • crayons | |
| • pencil crayons | |

Common Activities

The following tasks are part of every grade level:

- Enlarge a photograph of the Baby for the first classroom visit
- Create name tags for all students (or ask the classroom teacher to arrange ahead of time)
- Make a photo album for your Roots of Empathy family with photographs from the classroom visits throughout the year
- Provide appropriate treats for the class on the Baby’s last visit (optional)