

Bullying Scenarios

Date:

School:

Grade:

Roots of Empathy Instructor's Name:

Sample Problem 1

Johann sent a really embarrassing photo of himself on social media - sticking his tongue out and making his face look unpleasant on purpose – to a friend as a joke. He then had an argument with that friend, and now that friend is sharing the photo with everyone at school.

How would this make Johann feel?

What could Johann do or who could he talk to?

What could you do if this happened to someone you knew: you saw the photo and know that the person wouldn't want shared?

How might you feel if this happened to you?

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Sample Problem 2

Someone from Maria's school created a social media account in her name without her permission. She did not know that this had happened until a friend showed her that they are posting mean comments and photos about Maria's friends.

How would this make Maria feel?

What could Maria do or who could she talk to?

What could Maria say to the people who had mean comments made about them?

What could you do if this happened to someone you knew: you saw the photos and comments and knew they weren't posted by the person whose name is on the account?

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Sample Problem 3

Andreas gave his best friend, Thomas, his social media account password, but when Andreas and Thomas had a fight, Thomas changed the password on Andreas' account and is now using Andreas' account to send rude photos and comments to some of their friends.

How would this make Andreas feel?

What could Andreas do or who could he talk to?

What could you do if this happened to someone you knew: you saw photos and comments and knew they weren't posted by the person whose name is on the account?

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Sample Problem 4

Someone has posted a nasty lie about Sophia on social media where everyone in the school can see it.

How would this make Sophia feel?

What could Sophia do or who could she talk to?

What could you do if this happened to someone you knew: if you saw this rumour and knew that it was not true?

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Sample Problem 5

Peter was invited to a party, but one of his friends wasn't. At the party, kids made jokes about Peter's friend and laughed at him/her.

How would this make Peter feel?

What could Peter do or who could he talk to?

What would you want someone to do if you were the one left out?

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Sample Problem 6

All the members of Lily's soccer team went out for pizza and they decided not to include her. When photos were posted on social media the team members tagged Lily so she knew that she wasn't invited and could see how much fun they had.

How would this make Lily feel?

What could Lily do or who could she talk to?

If you were a member of this team, how would this make you feel?

What could you do if this happened to someone you knew: if you were at the pizza party and knew that there was one member of the team who wasn't invited?

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Sample Problem 7

Jocelyn and Rhiana are on the basketball team together. During practices, Jocelyn often makes comments about how Rhiana is an awful basketball player and only made the team because the coach is a friend of Rhiana's parents.

How would this make Rhiana feel?

What could Rhiana do or who could she talk to?

What could you do if you were on the team and heard the mean comments?

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Sample Problem 8

Abdul's family just moved and he is now attending a new school. At lunchtime, Ryan overhears some of the kids in his class making fun of him for speaking with an accent.

How would this make Abdul feel?

What could Ryan do or who could he talk to?

What could you do if you overheard kids making fun of Abdul?

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Sample Problem 9

Boyan is often called “loser” by another kid in his class. Sometimes Boyan finds notes on his desk with “LOSER” in big bold letters and Boyan hears mean comments whenever he passes this kid in the hallway.

How would this make Boyan feel?

What could Boyan do or who could he talk to?

What could you do if you saw this kid call Boyan a “Loser”?

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Sample Problem 10

Many kids in Misha's class are into a video game that they play together online from their own homes in the evening. Ryan usually organizes what time the group plays. Misha asked Ryan if he could join the group game. Ryan said yes and told Misha to send a request through the online video game system. Misha sent the request and Ryan did not accept the request.

How would this make Misha feel?

What could Misha do or who could he talk to?

What would you want someone to do if you were the one left out?

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Sample Problem 11

Grace confided some personal information to one of her friends, Genevieve. Genevieve promised not to tell anyone, but by the end of the day, many people in Grace's class obviously knew the personal information and were making fun of her.

How would this make Grace feel?

What could Grace do or who could she talk to?

What could you do if you were in the class and heard about what happened to Grace?

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Sample Problem 12

Surai and Mansib sit next to each other in math class. When the unit test was handed back, Surai could see that Mansib had failed the test. At lunch, Surai told a group of friends that Mansib failed the test and called Mansib “dumb”. By the end of the day, the entire class knew that Mansib had failed the test.

How would this make Mansib feel?

What could Mansib do or who could he talk to?

What could you do if you overheard someone sharing someone else's test results and calling them “dumb”?

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Sample Problem 13

Ayumi sometimes has trouble managing her emotions and has angry outbursts in class. Today was a particularly tough day where she had a very big outburst after someone in the class didn't want to be her partner for an activity. At recess, Ayumi saw a group of people from her class imitating her, reenacting her outburst and saying she was like a toddler having a temper tantrum.

How would this make Ayumi feel

What could Ayumi do or who could she talk to?

What could you do if you saw someone making fun of Ayumi?