

Family Visit Infant Activities

Hiding a Toy

Take a small toy that the baby is interested in. Ask the students what they think will happen if you hide the toy under the Green Blanket. Show the baby the toy to engage them. Once they are engaged, fold the end of the Green Blanket over the toy.

Remembering to follow the baby's lead, here are some questions you can ask and suggestions you can make as the baby interacts and responds:

- Does the baby know where the toy is?
- What do you think the baby is thinking?

Move the Green Blanket and show the baby the toy again, and then hide the toy again. You can do this a few times.

Say to the students: “A baby's development takes time. Suddenly, one day the baby will be able to remember that they saw you hide an object. This is called *object permanence* and it is an example of a big jump in the baby's ability to connect what happened before to what's happening now. Babies can remember and predict, just like you can.”

Putting Baby on Their Tummy

Ask the students:

- What happened last time when we put the baby on their tummy?
- What do you think will happen this time?

Ask for the baby's permission to put them on their tummy. Take a toy that they baby is interested in and place it slightly out of their reach. Give time for the students to observe the baby's reaction.

Remembering to follow the baby's lead, here are some questions you can ask as the baby interacts and responds:

- What is happening?
- Is the baby making any sounds?
- Is the baby trying to reach for the toy?
- Is the baby frustrated or do they keep trying?
- How does this make you feel watching the baby try to get the toy?

Give the baby the toy and ask the students questions, such as:

- How does the baby feel now?
- How do you feel now?
- If the baby gets frustrated, ask the students: “Has there ever been a time that you felt frustrated?”



Whenever you identify a temperament trait, remember to bridge it to the students' experiences and their own temperament. You can say, for example: "Raise your hand if you can keep trying and trying and you don't get frustrated. Now raise your hand if you get frustrated a bit more easily."

Singing the Baby a Lullaby (ask parent in prep)

If the parent previously agreed, ask them to sing the baby's favourite lullaby and rock/interact with the baby as they normally would, or suggest that students sing a lullaby that they know, and have them watch the baby's reactions.

Remembering to follow the baby's lead, here are some questions you can ask as the baby interacts and responds:

- What cues indicate that the baby is soothed, interested, or bored?
- Does the baby stare?
- Does the baby keep still?
- Does the baby kick his/her legs?