

Family Visit Infant Activities

Putting Baby on Their Tummy

Ask the students:

- What happened last time when we put the baby on their tummy?
- What do you think will happen this time?

Ask for the baby's permission to put them on their tummy. Take a toy that the baby is interested in and place it slightly out of their reach. Give time for the students to observe the baby's reaction.

Remembering to follow the baby's lead, here are some questions you can ask as the baby interacts and responds:

- What is happening?
- Is the baby making any sounds?
- Is the baby trying to reach for the toy?
- Is the baby frustrated or do they keep trying?
- How does watching the baby try to get the toy make you feel?

Give the baby the toy and ask the students questions, such as:

- How does the baby feel now?
- How do you feel now?
- If the baby gets frustrated, ask the students: "Has there ever been a time that you felt frustrated?"



Whenever you identify a temperament trait, remember to bridge it to the students' experiences and their own temperament. You can say, for example: "Raise your hand if you can keep trying and trying and you don't get frustrated. Now raise your hand if you get frustrated a bit more easily."

Standing

Ask the students:

- What happened last time when we helped the baby stand?
- What do you think will happen this time?

Place the infant roll standing up on the floor. Place a toy that the baby might be interested in the top of the infant roll. It is very important during this activity to have a firm grip on the infant roll. With the parent supporting the baby and you holding on to the infant roll, see if the baby is interested in pulling themselves up using the infant roll.

Remembering to follow the baby's lead, here are some questions you can ask as the baby interacts and responds :

- What is happening?
- How is the baby feeling?
- How are you feeling?

The baby may not be able to do this yet, but it is still helpful to show where the baby is at in terms of their development.

Hiding a Toy

Take a small toy that the baby is interested in. Ask the students what they think will happen if you hide the toy under the Green Blanket. Show the baby the toy to engage them. Once the baby is engaged, fold the end of the Green Blanket over the toy.

Remembering to follow the baby's lead, here are some questions you can ask and suggestions you can make as the baby interacts and responds:

- Does the baby know where the toy is?
- What do you think the baby is thinking?

Move the Green Blanket and show the baby the toy again, and then hide the toy again. You can do this a few times.