

APPENDIX 3-B

Family Visit Infant Activities

Using the Infant Roll

Ask for the baby's permission to put them on the infant roll and move them around so all the students can see the baby. Invite the students to compare how the baby lies on the roll now to how they lay on it the first time.

Remembering to follow the baby's lead, here are some questions that you could ask as the baby interacts and responds:

- What is different about the baby since the last time we saw them?
- Are they able to hold their head up for a long period of time? Is that different from the last time we saw them?
- Have they grown since our first Visit?
- How do they feel about being on the roll? How do you know?
- Are they moving a lot on the roll or a little?

Putting Baby on Their Tummy

Ask the baby's permission to put them on their stomach on the Green Blanket. Take a toy that the baby is interested in and place it slightly out of their reach. Give time for the students to observe the baby's reaction.

Remembering to follow the baby's lead, here are some questions that you could ask as the baby interacts and responds:

- What is happening?
- Is the baby making any sounds?
- Are they trying to reach for the toy?
- Are they frustrated or do they keep trying?
- How does this make you feel watching the baby try to get the toy?

Give the baby the toy and ask the students questions, such as:

- How does the baby feel now?
- How do you feel now?
- If the baby gets frustrated, ask the students: Has there ever been a time that you felt frustrated?



Whenever you identify a temperament trait, remember to bridge it to the students' experiences and their own temperament. You can say, for example, "Raise your hand if you can keep trying and trying and you don't get frustrated. Now raise your hand if you get frustrated a bit more easily."

Reaching for a Toy

Ask the students:

- What happened last time when we offered the baby the toy to grasp?
- What do you think will happen this time?



Choose a toy that the baby is interested in. Hold the toy in front of the baby and see if they will try to reach for it.

Remembering to follow the baby's lead, here are some questions that you could ask and suggestions that you can make as the baby interacts and responds:

- Why might this toy be difficult for the baby to hold on to? Draw the students' attention to the baby's hands.
- If the baby's first reaction is more cautious, allow the parent to offer the toy to the baby. If the baby tries to reach for the toy when the parent has it ask: Why was the baby's reaction different when I offered them the toy and when their parent offered it?
- What do you think the baby is thinking? Is the baby's face telling us anything?